



# YMCA Youth Virtual Outreach Program

YMCA of Southwest Nova Scotia and United Way Lunenburg County are partnering through the Atlantic Compassion Fund to offer a NEW online Youth Virtual Outreach Program.

This **FREE** program is open to **all** youth and provides up to 100 teens an opportunity to communicate, check in, become part of a community of youth experiencing isolation, reach out, make connections and gain valuable leadership skills training at the same time.



**Every Wednesday at 7PM starting now!**  
**Zoom Meeting ID -305-045-958**

## **How to attend:**

### **By Phone or iPad:**

- 1) Download the ZOOM Cloud Meetings app. It's free!
- 2) At 7PM - click the app and press 'Join a Meeting'
- 3) Insert the meeting ID - **305-045-958**- and type in your name.
- 4) Make sure to enable your video and audio!

### **By Laptop or Desktop Computer:**

- 1) go to the website - [www.zoom.us](http://www.zoom.us)
- 2) At 7PM - Click 'Join a Meeting'
- 3) Type in the Meeting ID - **305-045-958** - and type in your name.
- 4) Make sure to enable your video and audio!

For inquiries about content please contact  
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