

Notice

Masks in Public Places

The following directive was issued by the Nova Scotia Health

Authority effective Friday, July 31st:

-Wearing a [non-medical mask](#) is **required** in most indoor public places. Children under 2 are exempt, as well as children 2 to 4 when their caregiver can't get them to wear a mask. People with a valid medical reason for not wearing a mask are also exempt. Schools, day cares and day camps continue to follow their sector-specific plans.

What does that mean for us at the Y?

- You are required to wear a mask or face covering in all indoor spaces that are accessible to the public (Reception areas, hallways, and locker rooms). However, you are not required to wear a mask or face covering while you are specifically engaging in a fitness activity.
- This requirement applies to all staff, volunteers, participants and visitors to our facility.
- While a mask is an additional measure to protect against the spread of COVID-19 to others, we continue to emphasize frequent and thorough hand washing, and maintaining a minimum distance of 6 feet/2 meters apart from others to further minimize the risk of COVID-19 spread.
- Please wear a mask upon entering the facility beginning Friday, July 31st.

Stay Safe at the YMCA

Wear a mask
in public areas.



*Thank you for
doing your part
to help keep us
all safe!*

